

Thank you for supporting One Heart World-Wide



During our ten years in Tibet, we decreased unattended home births from 85% to 20% and newborn deaths from 10% to 3%. By 2008, we eliminated maternal deaths completely in the two counties with our programs. One Heart is now expanding into China, Nepal and Mexico, where birthing conditions are dismal and maternal/newborn deaths high. We're committed to respecting and honoring local cultures while giving expectant women access to a safe delivery.



*A gift of life has been given
in the name of*

by



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“Women continue to risk death in order to give life.” – Jelka Zupan, World Health Organization

By the time a woman goes into labor in developed countries, she's usually had the benefit of months of vitamins and prenatal check ups. The lucky mother-to-be has been showered with baby clothes and supplies. She gives birth assisted by trained medical personnel with the resources to provide everything she needs to deliver a healthy infant. Sadly, that's not the case in remote areas of the world.

- 20 out of every 1,000 infants dies at birth in China's Qinghai Province.
- A woman's risk of dying during childbirth is 10 times higher in Mexico's remote Sierra Tarahumara region than in all of Mexico.
- 80% of women in Western Nepal give birth at home alone; maternal and newborn mortality rates remain high.



In your honor, a woman will receive a One Heart World-Wide Birth Kit

In a remote area of China, Nepal or Mexico, an indigenous woman will now have the essential supplies she needs to deliver her unborn baby. Each Birth Kit includes:

- Prenatal vitamins
- Sterile sheet to protect the mother
- Surgical gloves to protect the birth attendant
- Sterile razor blade and tie to cut the umbilical cord
- Misoprostal (medication to prevent mother from bleeding to death after childbirth)
- Bar of soap and sterile cloths to clean and dry the newborn
- Baby hat and blanket



We create a network of safety

Through our culturally sensitive programs, we teach simple home-based life-saving skills to indigenous community health workers and connect them with pregnant women in their communities. Thank you for helping us save the lives of women and infants.