



*Every woman deserves a safe birthing experience*



*Saving the lives of women and children*

## *The Gift of Life*

The United Nations recognizes that improving maternal health and reducing child mortality is a big step towards eradicating poverty worldwide. But that's not the main reason we do what we do. Every year, impoverished women in isolated regions of the world risk their lives by giving birth alone, without medical care. Our mission is to give these women the gift of a healthy pregnancy and safe childbirth experience.



**One Heart World-Wide** ([www.oneheartworld-wide.org](http://www.oneheartworld-wide.org)) is a 501(c)(3) nonprofit organization dedicated to saving the lives of women and children. Our work to raise awareness and teach safe birthing practices to disadvantaged communities is funded by close to \$1 million in annual donations from private individuals and many respected organizations and foundations, including:

*Barry Hershey Family Foundation  
Center for Disease Control  
Clinton Global Initiative  
Conservation Food & Health  
Direct Relief International  
Good Works Foundation  
Jasmine Charitable Trust Foundation  
Jim Greenbaum Family Foundation  
Lucky Star Foundation  
March of Dimes International  
Mulago Foundation  
Ronald McDonald House Charities*



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**One Heart**  
WORLD-WIDE



*We work to raise awareness and teach safe birthing practices to indigenous peoples.*



## Culturally Sensitive Programs

One Heart World-Wide has designed and implemented successful, repeatable and sustainable maternal-newborn models around the globe. We work to raise awareness and teach safe birthing practices to indigenous peoples. Community health workers learn simple, home-based skills that enable them to assist the pregnant women in their communities. Medical personnel at regional hospitals are taught the latest procedures for cesarean deliveries, newborn resuscitation, and more. Together, we create a web of care for expectant women and their families to help prevent needless deaths.

## Tibet Proves Our Program Works

In the late 1980's, the People's Republic of China (PRC) invited the Maternal-Fetal Medicine Division of the University of Utah Health Sciences Center to investigate the alarmingly high local maternal and infant morbidity and mortality rates in Tibet. Arlene Samen was a member of that original team. What she saw in Tibet inspired her to found One Heart. Ten years later, unattended home births in the targeted counties in the Lhasa Prefecture dropped from 85 to 20 percent, newborn deaths were reduced from ten to three percent, and no maternal deaths were reported.

*“Our goal is to strengthen the web of care for women and children by helping One Heart mobilize available resources and implement their high-impact program throughout rural Qinghai. We're pleased to take the lead funding role to support One Heart in China on this effort. We've worked with One Heart before, and their team has a history of implementing successful programs and saving lives.”*

– Direct Relief International President and CEO Thomas Tighe

Today, One Heart World-Wide is active in China, Nepal and Mexico, where we continue to work with the local people to provide a safer birthing experience for women and infants.

*In China*, we're strengthening the capacity of the Affiliated Hospital of Qinghai Medical University so that doctors can provide basic obstetrical care onsite and emergency support to remote areas.

*In Nepal*, our partnership with local health programs is bringing life-saving practices to pregnant women and their families living in secluded areas – an estimated 250,000 people.

*In Mexico*, we're working with rural communities to raise awareness, establish safe birthing practices, train local health care providers and distribute birth kits.

